

ZEITPLAN LAZ Pfingstsportfest am 30. Mai 2020

ZEIT	männl. U 20	männl. U18	weibl. U 20	weibl. U18	männl. U16	weibl. U16	männl. U 14	weibl. U 14	männl. U 12	weibl. U12
09:30							Kugel (3kg)	Weit 1-2		Schlagball (80g)
09:40										
09:50						80m Hü (8)				
10:00					80m Hü. (7)		Hoch			
10:10									Schlagball (80g)	
10:20								60m Hü (6)		
10:30							60m Hü. (6)	Kugel (3kg)		Weit 1+2
10:40										
10:50			Diskus (1kg)	Diskus (1kg)						
11:00	100m Ztl.									
11:10		100m Ztl.						Hoch		
11:20			100m Ztl.							
11:30	Kugel (6kg)	Kugel (5kg)		100m Ztl.		Diskus (1kg)			Weit 1-2	
11:40					100m Ztl.					
11:50						100m Ztl.				
12:00										
12:10							75m Ztl.	Diskus (750g)		
12:20								75m Ztl.		
12:30	Weit 1	Weit 1	Weit 2	Weit 2	Kugel (4kg)				Hoch	Hoch
12:40										
12:50									50m Ztl.	
13:00							Speer (400g)			50m Ztl.
13:10										
13:20	100m E.	100m E.								
13:30			100mE	100mE		Kugel (3kg)	Weit 1-2			
13:40					100mE	100m E				
13:50	Speer (800g)	Speer (700g)								
14:00							75m E	75m E		
14:10										
14:20									50m E	50m E
14:30			Kugel (4kg)	Kugel (3kg)	Weit 1	Weit 2				
14:40					Speer (600g)					
14:50										
15:00	200m Ztl.	200m Ztl.	200mZtl	200m Ztl.						
15:10										
15:20										
15:30	800m Ztl.	800m Ztl.	800m Ztl.	800m Ztl.	800m Ztl.	800m Ztl.	800m Ztl.	800m Ztl.	800m Ztl.	800m Ztl.

ohne Gewähr, Änderungen vorbehalten

